



List of things to carry when you go on trip

There are so many of us who likes traveling to the core of our souls and keep on visiting new, beautiful places every now and then. Sometimes the plan arises out of no where and you have no time to think about contents of the luggage for the trip. Most of the time in these cases, we forget one or more essential things to carry while going on a trip. You can imagine a situation where you need to rush and search desperately for a small thing such as soap where even a tissue paper would have come handy ;).



Basic Travel Kit

- ☐ Itinerary Printout (at least 2)
- ☐ Travel Guide / Map Print Out (at least 2)
- ☐ At least two Copies of PhotoIDs for all members
- ☐ Mobile
- ☐ Mobile Charger
- ☐ Pen and a small Diary
- ☐ Bag locks (2 or more)
- ☐ Backpack or Carry bag
- ☐ Extra spectacles with cover
- ☐ Spectacles cover
- ☐ Torchlight or Flashlight
- ☐ Small Scissor
- ☐ Watch
- ☐ Swiss Knife.
- ☐ Power bank
- ☐ Hand Sanitizer (Dettol, Lifebuoy) – Recommended
- ☐ Air-ticket Printout (if flying with e-tickets)
- ☐ Credit/Debit Card photocopy both side from which booking was made – Don't forget to strike of CVV number
- ☐ Sunglasses – Recommended
- ☐ Multi-Plug – Recommended for remote areas
- ☐ Small water bottle, say 500 ml
- ☐ Match Boxes or Flint or Cigarette Lighter
- ☐ Couple of candles
- ☐ Plastic Bags / Plastic Zip Lock Bags
- ☐ Twist-ties, safety pins. You can find twisties at the link: [Twist Tie 20m \(Pack of 2\)](#)
- ☐ Novels or two
- ☐ Pens, pencils, colors, crayons, chocolates, toffees for distribution among local children
- ☐ DC to AC Inverter
- ☐ Pre-cooked food if possible
- ☐ Chocolates, toffees, chips, chewing gums, mouth freshener, dry fruits etc.
- ☐ Authentication Letter if someone else's Credit/Debit Card



Camera Kit

- ☐ Camera with bag
- ☐ Camera Charger and its cable
- ☐ Camera Battery
- ☐ Camera Cleaning Kit including Lenspen
- ☐ Tripod
- ☐ Filters
- ☐ Remote Release
- ☐ Photography Handbook
- ☐ Extra Camera Battery, if possible
- ☐ Extra Remote Release Battery, if possible
- ☐ Extra memory cards, if possible
- ☐ Head lamps for night photography, if required



Toiletries

- ☐ Tooth Brush
- ☐ Tooth Paste
- ☐ Toilet Soap
- ☐ Shampoo Pouches according to the schedule or a small shampoo bottle
- ☐ Tissue Papers
- ☐ Face wash if required but common for girls
- ☐ Hair Oil
- ☐ Shaver / Razor / Trimmer
- ☐ Shaving Blades (If possible keep some extra blades)
- ☐ Deodorants
- ☐ Moisturizing Cream
- ☐ Lip Guard
- ☐ Cologne Talc
- ☐ Comb
- ☐ Small Mirror
- ☐ Feminine Hygiene, if required
- ☐ Shaver Brush
- ☐ Shaving Foam or Cream



Clothing Kit

- ☐ Clothes as per the schedule
- ☐ Towels
- ☐ Socks
- ☐ Handkerchiefs
- ☐ Slippers
- ☐ At least one light jacket



Mountains Must Haves

- ☐ Digital Thermometer (Optional)
- ☐ Cold Cream
- ☐ Lip Guard
- ☐ Heavy Woolen Clothing including woolen socks
- ☐ Hats / Caps
- ☐ Woolen Hand Gloves (Severe Cold / Snow)
- ☐ At least 2 pairs of thermal. Those of you who don't know where to buy them, you can check the amazon link at: [Full Sleeves Round Neck Thermal Top & Trouser Set](#)



Beach Must Haves

- ☐ Hats / Caps
- ☐ Sunscreen lotion (SPF 50 or greater) or Sunblock
- ☐ 2-3 Extra Shorts,
- ☐ An extra slipper and extra towel for back pack
- ☐ Thin single bed sheet – if not interested in beach shack / bed always
- ☐ Lip Guard with sunscreen
- ☐ Long-sleeved over shirt and a thin pair of pants as night gets a bit cold at beaches

Himalayan Travel Tips

- Have Buffer Days
- Stay Warm & Hydrated
- Avoid Alcohol
- Carry Required Clothing, Food & Water
- Drive with Caution & Care
- Start Early, Sleep Early



#SaveOurHimalayas

- Spread Smiles Not Plastic
- Stop Littering
- Bring Back Your Own Trash
- Avoid Plastic Water Bottles