



Leh Ladakh by Air – Most Common Itinerary

Flying directly to a high altitude place like Leh (3500+ Mtr) can cause serious issues sometimes if proper planning is not done and care is not taken to combat Acute Mountain Sickness. We seldom talk about flying to Leh Ladakh because the journey is more beautiful than the destination. But, let's checkout a plan on how you can combat the AMS issues with some basic tips and also enjoy your Ladakh journey for about 8 - 9 days by air.

DAY BY DAY PLAN



DAY 1

Delhi - Leh

- Take full day rest
- Drink warm fluids
- Avoid sleep in day time

1.5 Hrs Don't Matter

DAY 2

Leh Local Sightseeing + Inner Line Permits

- Get the inner line permits
- Shanti Stupa, Hall of Fame, Tsemo Castle
- Keep yourself warm

1 Hrs 30 KM

DAY 3

Leh - Khardung - Diskit - Hunder

- Khardung La Pass, enjoy supper or tea at cafe
- Diskit Monastery, Hunder Sand Dunes
- Lunch at Khardung or Khalsar Villages

6 Hrs 126 KM

DAY 4

Hunder - Sumur - Panamik - Khardung La - Leh

- Yarab Tso Lake, Hot Springs, near Panamik
- Sumur Monastery
- Lunch at Khardung or Khalsar Villages

9 Hrs 215 KM

DAY 5

Leh - Hemis Monastery - Pangong Tso

- Chang La Pass, enjoy supper or tea at cafe
- Hemis Monastery, spend some time there
- Tso Tsi, Chagar Tso Lakes

7 Hrs 180 KM

DAY 6

Pangong Tso - Thicksey - Shey - Leh

- Spend time at Pangong Tso till noon
- Thicksey Monastery & Shey Palace
- Enjoy meals in Leh

7 Hrs 170 KM

DAY 7

Leh - Chumathang - Tso Moriri

- Tso Kar, Namshang La pass
- Karok Monastery
- Have lunch at Chumathang

9 Hrs 240 KM

DAY 8

Tso Moriri - Tso Kar - Leh

- Tso Kar, Puga hot water spring
- Polakongka La, Namshang La, Tanglang La
- Meal Points Tso Kar, Upshi

9 Hrs 231 KM

DAY 9

Sham Valley Tour

- Visit Achi, Laks, Magnetic Hills
- Visit Chilling & Nimnu Confluence
- Enjoy meals in Leh

6.5 Hrs 195 KM

DAY 10

Leh - Delhi (Fly Back)

- Reach at least 2.5 Hrs before boarding time
- Make sure about luggage weight allowed
- Don't panic if flight delayed

1.5 Hrs Approx 1200 KM



DELHI

Alternate Suggestions

- On Day 4, save a day by taking Nubra Valley to Pangong Tso direct route via Shyok or Warila
- On Day 4, visit Turtuk village if you have a day at hand
- On Day 6, save a day by taking Pangong Tso to Tso Moriri direct route via Chusul - Loma



Important Fuel Pumps

- Leh and Karu
- Diskit, Nubra Valley



Why travel to Leh Ladakh by flight?

- Fastest way to reach Leh Ladakh
- Saves at least couple of days
- No bike rental Fuss
- No need of Rohtang Pass Permit
- Amazing aerial views of the Himalayas

Important Tips

- Stay Warm & Hydrated
- Avoid Alcohol
- Carry Required Clothing, Food & Water
- Drive with Caution & Care
- Start Early, Sleep Early



#SaveOurHimalayas

- Spread Smiles Not Plastic
- Stop Littering
- Bring Back Your Own Trash
- Avoid Plastic Water Bottles