



5 Tips for a Budget Trip to Zanskar Valley

Zanskar Valley is getting more popular with each passing season as Ladakh and Spiti Valley are filled with tourists. Adventurists are constantly looking out to explore offbeat places in the Himalayas and Zanskar Valley is one of them. But, taking a budget trip to Zanskar Valley is a bit tricky. Lack of regular public transport and fewer tourists going here are some reasons.

1

Travel Early May or September / October – Season Corners

Kargil – Padum road closes in winters and the Chadar trek is the only way to visit Zanskar Valley in winters. Early May and late October provide an ideal time since the stay options are either opening or closing for the winter. Other advantages include spot bookings, discounts and fewer tourists around for those amazing pictures!

2

Make travel group of 3-5 members

When you travel in groups of 3-5 people, you get additional cost-saving means. Offseason discounts, free extra beds, shared taxi costs, and the experiences are some of the advantages. Hire bikes/tempos if the size of the groups is lower or higher. Hitchhike/Use public transport wherever possible.

3

Book hotels or transport on the spot

In a place like Zanskar Valley, it is very easy to find a place on the spot such as a homestay or small guest house. It not only saves money but also helps the local economy and adds flexibility in your schedule.

'Leave Early, Sleep Early' is the golden rule!

4

Be wise in choosing accommodation & where it is located

A homestay with cleanliness, comfortable beds, accessibility, and a clean toilet should be what you should look for over stars of a restaurant here. Talking of stars, you could camp here as well under a billion stars. You could camp next to Dhabas like Rangdum and Padum and in villages of Suru valley such as Prakachik, Panikhar, Purikutchey, Sankoo, etc.

5

Be wise what and where you eat or drink

Eat local. Luckily in Zanskar Valley, most common places to eat are roadside dhabhas which are mostly limited to places like Rangdum, Panikhar, Parkachik, Sankoo. Hence, it saves money on its own. You can try some local food at home stays. You should try to create a balance between eating local and fancy restaurants throughout the trip to get a taste of everything.

Himalayan Travel Tips

- Have Buffer Days
- Stay Warm & Hydrated
- Avoid Alcohol
- Carry Required Clothing, Food & Water
- Drive with Caution & Care
- Start Early, Sleep Early



#SaveOurHimalayas

- Spread Smiles Not Plastic
- Stop Littering
- Bring Back Your Own Trash
- Avoid Plastic Water Bottles